

Home Sweet Home

NORTHERN QUARTER ALLERGEN MANUAL

Please inform your server before ordering of any specific dietary requirements that you may have.

If you require dishes with no gluten containing ingredients, please see our specific menu on the back page of this document. This also applies to dairy and egg allergies. Our recipe information is frequently updated so please check each time you visit to ensure that you have the most up to date recipes.

Whilst every care is taken with your meal, we cannot guarantee a 100% allergen free environment, nor can we guarantee against the processes used by our suppliers or products which may be produced in an environment with other allergens.

BREAKFAST/ BRUNCH - DOES IT CONTAIN?

DISH	GLUTEN	CRUSTACEANS	EGGS	FISH	PEANUTS	SOYA	MILK	NUTS	CELERY	MUSTARD	SESAME	SULPHITES	LUPIN	MOLLUSCS
AVOCADO ON TOAST	YES		YES			TRACES	TRACES	TRACES			TRACES	YES		
EGGS BENEDICT	YES		YES			YES	YES	TRACES*	TRACES*	TRACES*	TRACES*	YES		
HAIGHT ASHBURY	YES		YES			YES	YES	TRACES*	YES	TRACES*	TRACES*	YES		
EGGS CALI	YES		YES	YES (SALMON)		TRACES	YES	TRACES	YES		TRACES	YES		
STEAK BENNY	YES		YES			TRACES	YES	TRACES	TRACES*	TRACES*	TRACES	YES		
EGGS BENNY MACHO	YES		YES			YES	YES	TRACES*	YES	TRACES*	TRACES*	YES		
VEGGIE SCRAMBLER	TRACES*		YES			TRACES*	YES	TRACES*	YES	TRACES*	TRACES*	YES		
SUN DEVIL SCRAMBLER	TRACES*		YES			TRACES	YES		YES	TRACES*		YES		
EGGS ON SOURDOUGH	YES		YES			TRACES	YES	TRACES			TRACES	YES		
FULL BREAKFAST	YES		YES			TRACES	YES	TRACES	TRACES*	TRACES*	TRACES	YES		
VEGGIE BREAKFAST	YES		YES			TRACES	YES	TRACES	YES	TRACES*	TRACES	YES		

DISHES WITH A * INDICATE THAT WHILST THE INGREDIENT IS NOT INCLUDED IN THE RECIPE, DUE TO EQUIPMENT BEING USED FOR MORE THAN ONE PRODUCT THERE IS A SMALL POSSIBLE CONTAMINATION RISK. ALLERGEN INFORMATION WILL BE KEPT UP TO DATE AND SHOULD BE CHECKED EACH TIME YOU VISIT, AS WE MAY UPDATE RECIPES FROM TIME TO TIME.

BREAKFAST/ BRUNCH (CONTINUED) - DOES IT CONTAIN?

DISH	GLUTEN	CRUSTACEANS	EGGS	FISH	PEANUTS	SOYA	MILK	NUTS	CELERY	MUSTARD	SESAME	SULPHITES	LUPIN	MOLLUSCS
STEAK AND EGGS	TRACES*		YES			TRACES*	YES		TRACES*	TRACES*		YES		
MUSCLE BEACH	TRACES*		YES			TRACES*	YES		TRACES*	TRACES*		YES		
BREAKFAST WAFFLES	YES		YES			TRACES*	YES		TRACES*	TRACES*		YES		
NUTELLA WAFFLE	YES		YES			YES	YES	YES			TRACES*	YES		
LUCKY 75	YES		YES			YES	YES	TRACES*	TRACES*	TRACES*	TRACES*	YES		
OREO PANCAKE	YES		YES				YES					YES		
BANANA PANCAKE	YES		YES				YES					YES		
APPLE PANCAKE	YES		YES				YES					YES		
ADD BACON	TRACES*					TRACES*	TRACES*		TRACES*	TRACES*		YES		

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STARTERS - DOES IT CONTAIN?

DISH	GLUTEN	CRUSTACEANS	EGGS	FISH	PEANUTS	SOYA	MILK	NUTS	CELERY	MUSTARD	SESAME	SULPHITES	LUPIN	MOLLUSCS
TIJUANA NACHOS	TRACES*		YES			TRACES*	YES	TRACES*	YES		TRACES*	YES		
PIGGY STYLE NACHOS	TRACES*		YES			TRACES	YES		TRACES*	YES		YES		
MAC BALLS	YES		YES			YES	YES		TRACES*	YES		YES		
CHICKEN BLASTS (SEE SAUCE CHOICES)	YES		YES				YES		YES	YES		YES		
WINGS (SEE SAUCE CHOICES)	YES		YES				YES		YES	YES		YES		

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MAINS - DOES IT CONTAIN?

DISH	GLUTEN	CRUSTACEANS	EGGS	FISH	PEANUTS	SOYA	MILK	NUTS	CELERY	MUSTARD	SESAME	SULPHITES	LUPIN	MOLLUSCS
AVOCADO TACOS	YES		YES			TRACES*	YES	TRACES*	YES	TRACES*	TRACES	YES		
FALAFEL HALLOUMI WRAP	YES		TRACES*			TRACES*	YES	TRACES*	TRACES*	TRACES*	YES	YES		
CLUB CALIFORNIA BURRITO	YES		YES			TRACES	YES	TRACES*	TRACES	TRACES*	TRACES*	YES		
ULTIMATE CHICKEN & WAFFLES	YES		YES			TRACES	YES		YES	TRACES		YES		
CHICKEN IN A BASKET	YES		YES			TRACES	YES		YES	YES		YES		
PULLED PORK PILE UP	TRACES*		YES			TRACES*	TRACES*		TRACES*	YES		YES		
STEAK DADDY MELT	YES		YES			YES	YES	TRACES*	TRACES*	YES		YES		
WINNER CHICKEN DINNER	YES		YES			TRACES	YES		YES	YES		YES		

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MAINS (CONTINUED) - DOES IT CONTAIN?

DISH	GLUTEN	CRUSTACEANS	EGGS	FISH	PEANUTS	SOYA	MILK	NUTS	CELERY	MUSTARD	SESAME	SULPHITES	LUPIN	MOLLUSCS
OUT N OUT BURGER	YES		YES			YES	YES	TRACES	YES	YES	TRACES	YES		
CHEESEBURGER TOASTIE	YES		YES			YES	YES	TRACES	YES	YES	TRACES	YES		
RIVER PHOENIX	YES		YES			YES	YES	TRACES	YES	YES	TRACES	YES		
HSH COMFORTS	YES		YES			YES	YES	TRACES	YES	TRACES	TRACES	YES		
SOUTH BY SOUTH WEST	YES		YES			YES	YES	TRACES	YES	YES	TRACES	YES		
VEGGIE BURGER	YES		YES			TRACES	YES	TRACES	YES	TRACES*	TRACES	YES		
RAINBOW SALAD	TRACES		TRACES		TRACES	TRACES	YES	YES (PECANS)				YES		
VEGAN RANCHO SALAD	YES		TRACES*			TRACES*	TRACES*	TRACES*	TRACES*	TRACES*	YES	YES		
DUDE WHERE'S MY CAESAR SALAD	YES		YES			TRACES	YES	TRACES	YES		TRACES	YES		
ADD GRILLED CHICKEN	TRACES*					TRACES*	TRACES*		TRACES*	TRACES*		YES		
ADD GRILLED HALLOUMI	TRACES*					TRACES*	YES	TRACES*			TRACES*	YES		

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SIDES / SAUCES - DOES IT CONTAIN?

DISH	GLUTEN	CRUSTACEANS	EGGS	FISH	PEANUTS	SOYA	MILK	NUTS	CELERY	MUSTARD	SESAME	SULPHITES	LUPIN	MOLLUSCS
STEALTH FRIES	TRACES*		TRACES*			TRACES*	TRACES*		TRACES*	TRACES*		YES		
SWEET POTATO FRIES	TRACES*		TRACES*			TRACES*	TRACES*		TRACES*	TRACES*		YES		
LOADED FRIES	TRACES*		TRACES*			YES	YES		TRACES*	YES		YES		
PIGGY PIGGY FRIES	YES		YES		TRACES*	TRACES*	TRACES*	TRACES*	TRACES*	TRACES*		YES		
CHIPOTLE SOUR CREAM			YES				YES		YES			YES		
LOUISIANA WING HOT SAUCE						YES						YES		
BBQ SAUCE										YES		YES		
BACON BACON MAYO			YES									YES		
BLEU CHEESE SAUCE			YES				YES			YES		YES		
AFC GRAVY	YES		TRACES			TRACES	YES		YES	TRACES*		YES		
BURGER SAUCE	YES		YES							YES		YES		

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DESSERTS - DOES IT CONTAIN?

DISH	GLUTEN	CRUSTACEANS	EGGS	FISH	PEANUTS	SOYA	MILK	NUTS	CELERY	MUSTARD	SESAME	SULPHITES	LUPIN	MOLLUSCS
NUTELLA DESSERT WAFFLE	YES		YES			YES	YES	YES				YES		
S'MORE COOKIE SKILLET	YES		YES			YES	YES	YES				YES		
CAKES	YES		YES		TRACES (SEE LABELS)	YES	YES	TRACES (SEE LABELS)				YES		

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KIDS MENU - DOES IT CONTAIN?

DISH	GLUTEN	CRUSTACEANS	EGGS	FISH	PEANUTS	SOYA	MILK	NUTS	CELERY	MUSTARD	SESAME	SULPHITES	LUPIN	MOLLUSCS
KIDS DIPPY EGGS & SOLDIERS	YES		YES			YES	YES	TRACES*			TRACES*	YES		
KIDS BREAKFAST	YES		YES			YES	YES	TRACES*	TRACES*		TRACES*	YES		
KIDS BURGER	YES		YES			YES	YES	TRACES	TRACES	TRACES*	TRACES	YES		
KIDS LITTLE MELT	YES		TRACES			TRACES	YES	TRACES	TRACES*		TRACES	YES		
KIDS CHICKEN N CHIPS	YES		YES				YES		YES			YES		
KIDS ORIGINAL PANCAKE	YES		YES				YES					YES		
KIDS OREO PANCAKE	YES		YES				YES					YES		
KIDS BANANA PANCAKE	YES		YES				YES					YES		
KIDS APPLE PANCAKE	YES		YES				YES					YES		

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VEGAN MENU - DOES IT CONTAIN?

DISH	GLUTEN	CRUSTACEANS	EGGS	FISH	PEANUTS	SOYA	MILK	NUTS	CELERY	MUSTARD	SESAME	SULPHITES	LUPIN	MOLLUSCS
VEGAN BREAKFAST	YES		TRACES		TRACES*	TRACES	TRACES*	TRACES	YES		TRACES	YES		
VEGAN BURRITO	YES		TRACES*		TRACES*	YES	TRACES*	TRACES*	YES	YES	TRACES*	YES		
VEGAN FALAFEL WRAP	YES		TRACES*		TRACES*	YES	TRACES*	TRACES*	TRACES*	TRACES*	YES	YES		
VEGAN RANCHO CUCAMONGA	YES		TRACES*		TRACES*	TRACES*	TRACES*	TRACES*	TRACES*	TRACES*	YES	YES		
STEALTH FRIES	TRACES*		TRACES*			TRACES*	TRACES*		TRACES*	TRACES*		YES		
SWEET POTATO FRIES	TRACES*		TRACES*			TRACES*	TRACES*		TRACES*	TRACES*		YES		

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ARE YOU EGG-FREE?

WHILST EVERY CARE IS TAKEN WITH YOUR MEAL, WE CANNOT GUARANTEE A 100% ALLERGEN FREE ENVIRONMENT, NOR CAN WE GUARANTEE AGAINST TRACES AS OUR KITCHEN FREQUENTLY USES PRODUCTS CONTAINING EGG.

BRUNCH

#1 EF FULL BREAKFAST £7.00

Bacon, sausage patty, tomatoes, flat mushrooms, beans, 'free from' toast (Only available until 12pm)

#2 EF VEGGIE BREAKFAST £8.00

Avocado, halloumi, tomato, beans, flat mushrooms, spinach, 'free from' toast (Only available until 12pm)

#3 EF BACON SAUSAGE MUFFIN £4.50

Bacon and sausage patty served in a toasted buttered muffin

#4 EF AVOCADO & GOATS CHEESE ON TOAST £8.00

Citrus dressed avocado and mixed leaves on 'free from' toast with soft goats cheese and chipotle chilli seasoning

WHY CAN'T I SEE ANY FRIES ON HERE?

Due to constraints within our kitchen, we unfortunately don't have a dedicated frier for fries. We therefore cannot guarantee against traces of gluten, eggs, soya, milk, mustard or celery since all our fries are cooked in the same oil as other veggie products.

DINNER (from 12pm)

#5 EF PULLED PORK ON NACHOS £8.00

Juicy slow cooked pork shoulder, corn tortilla chips, melted cheese, BBQ sauce, jalapenos, pink pickled onions, pico de gallo, shredded iceberg lettuce

#6 EF HALLOUMI WRAP £7.50

Halloumi, hummus, roasted peppers, onions and artichokes, sweet chilli sauce, and shredded iceberg lettuce in a soft tortilla wrap

#7 EF BURGER £8.50

Double beef patty, cheese, salad stack, without burger sauce, served on a gluten free roll. Add; bacon or avocado

#8 EF CHICKEN SALAD £9.50

Grilled chicken, zesty avocado, mixed leaves, shaved parmesan, pink pickled onion, sundried tomatoes, baby gem lettuce

#9 EF RAINBOW SALAD £9.50

Light, zesty and fresh summer salad. Mixed leaves, beetroot, soft goats cheese, grilled peach, pomegranate, avocado with a citrus olive oil dressing (without candied pecans)

ARE YOU DAIRY-FREE?

WHILST EVERY CARE IS TAKEN WITH YOUR MEAL, WE CANNOT GUARANTEE A 100% ALLERGEN FREE ENVIRONMENT, NOR CAN WE GUARANTEE AGAINST TRACES AS OUR KITCHEN FREQUENTLY USES PRODUCTS CONTAINING DAIRY.

BRUNCH

#1 DF POACHED EGGS ON TOAST £4.50

Poached eggs on 'free from' toast. Add; sausage patty £1.50 / bacon £1.50/ avocado £2.00

#2 DF FULL BREAKFAST £7.50

Sausage patty, bacon, beans, tomato, mushrooms, poached eggs, 'free from' toast (Only available until 12pm)

#3 DF VEGGIE BREAKFAST £7.50

Avocado, tomato, beans, flat mushrooms, spinach, poached eggs, 'free from' toast (Only available until 12pm)

#4 DF MUSCLE BEACH £10.00

Chilli rubbed steak cooked pink, dairy free scrambled egg, poached egg, avocado, spinach, taco sauce, fresh chilli (Only available until 12pm)

#5 DF AVOCADO ON TOAST £8.50

Ripe avocados tumbled with house dressing, leaves, soft poached egg, smoked chilli on 'free from' toast

DINNER (from 12pm)

#6 DF PULLED PORK ROLL £7.00

Pulled pork, BBQ sauce, slaw, pico de gallo, served on a gluten free roll

#7 DF VEGAN RANCHO SALAD £9.50

Avocado, seared bell pepper, red onion, artichoke & sun-dried tomato, pomegranate, radish, dressed leaves & hummus (without fried tortilla)

#8 DF PULLED PORK ON NACHOS £8.50

Juicy slow cooked pork shoulder, corn tortilla chips, BBQ sauce, bacon bacon mayo, jalapenos, pink pickled onions, pico de gallo, shredded iceberg lettuce

#9 DF BURGER £8.50

Double beef patty without cheese or burger butter, salad stack with burger sauce, served on a gluten free roll. Add; bacon or avocado £1.00

DF SAUCES (all 50p)

BACON BACON MAYO

HOUSE BBQ

LOUISIANA WING SAUCE

WHY CAN'T I SEE ANY FRIES ON HERE?

Due to constraints within our kitchen, we unfortunately don't have a dedicated frier for fries. We therefore cannot guarantee against traces of gluten, eggs, soya, milk, mustard or celery since all our fries are cooked in the same oil as other veggie products.

ARE YOU GLUTEN-FREE?

WHILST EVERY CARE IS TAKEN WITH YOUR MEAL, WE CANNOT GUARANTEE A 100% ALLERGEN FREE ENVIRONMENT, NOR CAN WE GUARANTEE AGAINST TRACES AS OUR KITCHEN FREQUENTLY USES PRODUCTS CONTAINING GLUTEN.

BRUNCH

#1 GF EGGS BENEDICT £7.50

Bacon, poached eggs, hollandaise, served on a gluten free roll

#2 GF EGGS CALI £9.00

Smoked salmon, zesty avocado, poached egg, peppers, onions, hollandaise, chipotle sour cream served on a toasted gluten free roll

#3 GF EGGS ON TOAST £4.50

Local free range eggs, poached or scrambled on 'free from' toast. Add sausage patty £1.50 / bacon £1.50/ avocado £2.00

#4 GF MUSCLE BEACH £10.00

Chilli rubbed steak cooked pink, scrambled eggs, poached egg, avocado, spinach, taco sauce, fresh chillies (Only available until 12pm)

WHY CAN'T I SEE ANY FRIES ON HERE?

Due to constraints within our kitchen, we unfortunately don't have a dedicated frier for fries. We therefore cannot guarantee against traces of gluten, eggs, soya, milk, mustard or celery since all our fries are cooked in the same oil as other veggie products.

DINNER (from 12pm)

#5 GF TIJUANA NACHOS £8.50

Loaded nachos overflowing with toppings, refried beans, smashed guac, fresh chilli, pico de gallo, taco sauce, chipotle sour cream

#6 GF BURGER £8.50

Double beef patty without burger butter, burger cheese, salad stack, bacon mayo in place of burger sauce. Served on a gluten free roll. Add; bacon or avocado £1.00

#7 GF CHICKEN CAESAR SALAD £10.00

Baby gem, pink pickled onion, zesty avocado, seared sundried tomato, grilled chicken in place of fried chicken with a roasted green chilli caesar dressing, served without crutons

#8 GF VEGAN RANCHO SALAD £9.00

Avocado, seared bell pepper, red onion, artichoke & sun-dried tomato, pomegranate, radish, dressed leaves & hummus (without fried tortilla)

#9 GF PULLED PORK ON NACHOS £8.00

Juicy slow cooked pork shoulder, corn tortilla chips, melted cheese, BBQ sauce, jalapenos, pink pickled onions, pico de gallo, shredded iceberg lettuce

GF SAUCES (all 50p)

BLUE CHEESE

CHIPOTLE SOUR CREAM

TACO SAUCE

BACON BACON MAYO